

PRODUCT INFORMATION



BCAA's

BASIC FUNCTIONS

Recovery, Lean muscle gain, Anti-catabolic

GEN-TEC source and blend the highest quality pharmaceutical grade free form BCAAs available.

Our amino acids are naturally fermented from seed and plant material via an 18 stage patented process. This process guarantees our product to be of premium standard, free of impurities.

BCAAs are comprised of three essential amino acids, L-leucine, L-isoleucine and L-valine. They are essential for building and maintaining muscles, and work by facilitating the synthesis of proteins in the body. They account for about 1/3 of muscle protein, and can be used directly by the muscles for energy. BCAAs are needed during times of physical stress, so are often used as bodybuilding and athletic supplements.

Preliminary evidence suggests that BCAA supplementation prior to exercise may help prevent muscle protein breakdown and improve recovery time after strenuous workouts.

Most studies suggest the need for a high L-leucine content as this is the predominant amino broken down during bouts of intense exercise.

The GEN-TEC BCAA ratios are 70% leucine, 15% isoleucine and 15% valine. The highest leucine content on the market.

SIZE: 300g

GEN-TEC
NUTRITION



100% Australian Owned and Manufactured. Gen-Tec sources the world's finest quality raw materials and use internationally recognised bio chemists to produce leading products that live up to my expectations!

Nick Jones, Mr Australasia, Mr Australia, Mr World

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